Enhance Your Students’ Learning through Equine Animal Assisted Activities

Animal Assisted Learning is an evidence-based therapeutic model incorporating hands-on activities that focus on the social, emotional, and behavioral needs of clients. Main Stay’s small group programming partners people with horses and farm animals providing a unique and emotionally safe space to explore a wide variety of social/emotional skills including empathy, trust, conflict resolution, and engaging in positive relationships.

Customized activities focus on the specific needs of your students, and sessions can be aligned with the State of Illinois social/emotional learning standards. Let our certified Equine and Animal Assisted Facilitators create a unique experiential learning opportunity for your students outside the classroom. The farm, located on 40 acres of serene open land, includes indoor arenas and multiple rooms available for use.

**Variable session length and number of sessions available**

**Sessions offer the opportunity to:**

- Practice cooperation and teamwork with others
- Learn and employ self-advocacy skills
- Reduce stress and enjoy new learning experiences
- Improve emotional management skills

“Our students have benefited from the therapeutic relationships with animals, staff and one another. I have witnessed tremendous growth in the areas of coping skills, emotional stability, confidence, team building and overall well-being.”

-Robert Ridley, MCHS Special Education Teacher