Maintaining a sense of connection is so important while our communities are impacted by the COVID-19 pandemic. Keeping that in mind, Main Stay is now offering virtual eLearning sessions in addition to on-site sessions.

Utilizing the beautiful natural farm setting, virtual sessions are facilitated by a professional educator. Guided experiential activities are conducted in partnership with horses and a variety of rescued barnyard animals.

Sessions can be formatted to meet social, emotional and academic needs, and adjusted so students with diverse learning styles and abilities can all experience successful outcomes. Length of time per session and total number of sessions is variable.

*Sessions are offered in a live or pre-recorded virtual meeting format. Participants can be from any location around the globe.*

**Goals achieved:**

- **Emotional Literacy** sessions encourage self-awareness and align with state social/emotional learning standards.

- **Academic** sessions focus on practical math, science and language arts skills which can be applied in daily living situations.

“I love the farm because I feel like it is an escape from reality each week. I also love the farm because it helps me breathe gently. My favorite activity that we did was when we went to the arena and wrote an adventure story.”

-McHenry High School eLearning student, Summer 2020

Email our Animal Assisted Learning Manager at ckaizen@mainstayfarm.org for more information!