



Saddle Up Youth Program

Ages 8-12 Years Old

Learn about Yourself, Horses, Ride and Have Fun!

Are you looking for an outdoor experience where kids can connect with horses and friends and gain leadership skills?



Working with and riding a horse is a powerful way for kids to:

- Learn about how horses and people form relationships
- Set and achieve goals
- Be in the fresh air getting exercise
- Form connections with animals and peers

Sessions include:

- Working in partnership with a horse to groom, lead and ride
- Learning how horses are similar to and different from us
- Interacting with other kids in a healthy, calm, safe and natural environment

Session length: 1 - 1.5 hours weekly for 6 weeks

Limited to 4 participants per session

COVID-19 protocols including wearing a mask and social distancing are required.



For more Information call 815-653-9374

Main Stay's therapy horses go through extensive training and sessions are taught by a PATH Intl. certified therapeutic riding instructor and supported by program volunteers. Sessions will be customized to your needs. Our beautiful state-of-the-art equestrian center is designed with safety in mind. Participants will be in the barn, arena and outdoors weather permitting.

Main Stay's 40 acre farm in Richmond provides a serene setting with spectacular views of the Glacial Park Conservation District. The farm is within easy driving distance from the Illinois cities of Crystal Lake, Fox Lake, Johnsburg, McHenry, Spring Grove, Woodstock and many cities in southeastern Wisconsin.