



6919 Keystone Road  
 Richmond IL 60071  
 815-653-9374 Fax 815-728-1224  
[info@mainstayfarm.org](mailto:info@mainstayfarm.org) [www.mainstayfarm.org](http://www.mainstayfarm.org)



## 2023 Client's Medical History & Physician's Statement

Dear Physician:

Your patient, \_\_\_\_\_ would like to participate in equestrian activities at Main Stay Therapeutic Farm, Inc. and is due for an updated medical status. Please review his/her current medical status and complete the following information. Main Stay Therapeutic Farm does not require an office visit for this update. Please address occurrences over the past year including surgeries, illnesses, hospitalization, changes in medications, treatment, weight or behavior.

**Please indicate current height and weight.**

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ M F Other(please specify) \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Date of Onset: \_\_\_\_\_

Cause: \_\_\_\_\_

Medications:(Type, Purpose, Dosage)

\_\_\_\_\_

Seizures? Y N Type: \_\_\_\_\_ Controlled? Y N  
 Date of last seizure: \_\_\_\_\_

Shunt Present: Y N Date of last revision: \_\_\_\_\_

Special precautions/needs:  
 \_\_\_\_\_

Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

Braces/Assistive Devices: \_\_\_\_\_

Tetanus Shot: Yes \_\_\_\_\_ No \_\_\_\_\_ Date: \_\_\_\_\_



6919 Keystone Road  
 Richmond IL 60071  
 815-653-9374 Fax 815-728-1224  
[info@mainstayfarm.org](mailto:info@mainstayfarm.org) [www.mainstayfarm.org](http://www.mainstayfarm.org)



Please indicate current or past special needs in the following systems/areas, including surgeries: (These conditions may suggest precautions and contraindications to equine activities)

|                           | Yes | No |
|---------------------------|-----|----|
| Allergies                 |     |    |
| Auditory                  |     |    |
| Balance                   |     |    |
| Cardiac                   |     |    |
| Circulatory               |     |    |
| Cognitive                 |     |    |
| Cranial Defects           |     |    |
| Emotional/Psychological   |     |    |
| Fractures-Location/Healed |     |    |
| Heterotopic Ossification  |     |    |
| Immunity                  |     |    |
| Integumentary/Skin        |     |    |
| Learning Disabilities     |     |    |

|                             | Yes | No |
|-----------------------------|-----|----|
| Muscular                    |     |    |
| Neurological                |     |    |
| Orthopedic                  |     |    |
| Osteoporosis                |     |    |
| Pain                        |     |    |
| Pulmonary                   |     |    |
| Scoliosis – Degree/Type     |     |    |
| Skeletal                    |     |    |
| Speech                      |     |    |
| Spinal Column Abnormalities |     |    |
| Spinal Column Injury        |     |    |
| Tactile Sensation/Sensory   |     |    |
| Visual                      |     |    |

Comments:

---



---



---



---



---



---



---



---



---



---



6919 Keystone Road  
 Richmond IL 60071  
 815-653-9374 Fax 815-728-1224  
[info@mainstayfarm.org](mailto:info@mainstayfarm.org) [www.mainstayfarm.org](http://www.mainstayfarm.org)



**MEDICAL HISTORY**

Past/Prospective surgeries: \_\_\_\_\_

Please indicate any medical problems not listed above: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please indicate any special precautions: \_\_\_\_\_  
 \_\_\_\_\_

Please provide any other information that might help us work with this client: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

*For those with Down Syndrome:* AtlantoDens Interval X-rays, date: \_\_\_\_\_ Result: + -  
 Neurologic Symptoms of Atlanto-Axial Instability: \_\_\_\_\_ Present \_\_\_\_\_ Absent

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine assisted activities and/or therapies. I understand that the PATH International center will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the PATH International center (Main Stay Therapeutic Farm, Inc.) for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_